TANTRIC BHUTAN

The most fabulously exotic country on earth is the Himalayan Kingdom of Bhutan. The Bhutanese religion of Tantric Buddhism is here exemplified by a prayer hall wall painting of *Yab-Yum* – the physical union of Compassion and Wisdom. Male compassion is personified as the deity Samvara with a blue body, multiple faces and arms. He embraces his consort of female wisdom Vajra-varahi.

It is important to understand that Yab-Yum is considered a sacred act as a path to Enlightenment. It is just one example of how Bhutan may stretch our comfort zone to learn ancient ways and practices, giving us a broader perspective on our humanity. For an in-depth understanding of Bhutan's extraordinary culture, consider joining our Wheeler-Windsor Expedition to the Land of the Thunder Dragon this November. (*Glimpses of Our Breathtaking World #16* photo ©Jack Wheeler)