THE ISLAND OF SARK

There are five Channel Islands in the English Channel. Best known are Guernsey and Jersey. Least visited is Alderney, along with tiny Herm. Most fascinating is Sark, Europe's only remaining feudal fiefdom. No motor vehicles are allowed, excepting a few farmers' small tractors. The governor and chief constable is called the *Seneschal*. He rides to his office on his bicycle.

It's an ancient office with a tradition of many centuries. When I was there in 2010, it was held by Reginald Guille, a very friendly fellow as all Sarkese are. We rode our bikes around the island, even along *La Coupée*, the connecting path along the razor sharp high isthmus connecting two parts of the island – it's pictured above.

There are gorgeous pocket beaches here, and beautiful natural swimming pools. Flower gardens are everywhere, the island could not be safer, cleaner, calmer, and more exquisitely charming. A few days here will do wonders for you. *(Glimpses of Our Breathtaking World #131* Photo ©Jack Wheeler*)*